Cool Ranch Veggie Pizza Recipe

**SERVINGS: 8**  
  
**INGREDIENTS**

2 LaTortilla Factory (or other similar) low-carb wraps (large)  
½ cup reduced fat chive and onion cream cheese  
½ cup light sour cream  
1 package Hidden Valley Ranch Dressing (use dry mix)  
⅛  cup shredded carrots  
¾ cup raw broccoli  
¾ cup diced tomatoes  
⅛ cup diced green pepper  
⅛ cup diced cucumbers  
¾ cup Kraft Light shredded Colby & Monterey Jack cheese  
½ cup sliced black olives

**DIRECTIONS**

1. Mix cream cheese, sour cream, and ranch dressing packet together.
2. Spread evenly on tortillas.
3. Top with veggies and olives and sprinkle with cheese.
4. Cut each tortilla into four pieces and serve.

**NUTRITIONAL ANALYSIS PER SERVING (1/4 Tortilla)**  
Calories: 170  
Fat: 10 grams  
Protein: 10 grams  
Carbohydrate: 12 grams  
Cholesterol: 23 mg  
Sodium: 870 mg  
Sugar: 1.6 grams  
Fiber: 4 grams

Makes a great appetizer or picnic dish. Cut into smaller squares for healthy, bite-size nibbles!